

AIMS

- To provide a service which specifically caters for young people with diabetes in a clinic / education setting
- To provide medical, nutritional, educational and psychosocial support to young people with diabetes
- To provide a transition phase for young people between paediatric and adult diabetes services

The Young People's Clinic
is located
at the Specialist Centre
Gosford Hospital

Appointments for the
clinic can be made on
43205600

The Gosford Diabetes Centre is located at:

Cnr Holden St & Faunce St West,
Gosford 2250

Phone: 43203321

Fax: 43202944

YPC

Young People's Clinic

For young adults
with diabetes



Health
Central Coast
Local Health District

Who is this clinic for?

**Young people with diabetes
aged 18 to 25 years.**

What is provided?

- Individual appointments to discuss diabetes management with the diabetes team
- Complications screening
- Insulin pump management
- Access to a Diabetes Nurse Educator and/or Dietitian for follow-up between YPC visits, if required

Young people who attend private diabetes specialists may also access the services provided at this clinic, excluding medical management.

Clinic Details

When?

Appointments are available on one Monday each month from 1.30pm to 3.00pm.

Where?

Specialist Centre
Gosford Hospital
Holden Street, Gosford

Appointments

Phone: 4320 5600

Staff

Endocrinologist
Diabetes Nurse Educator
Dietitian
Social Worker

Referral available for

Podiatrist
Psychologist
Pathology service

Referral Criteria

Refer to:

Dr Santosh Chaubey
for Transition clinic

Referred by:

Medical Practitioner

or

Paediatric Diabetes Clinic
at Gosford Hospital